

# VHR01 Professional Certificate in Vaginal Health and Rejuvenation



# **COURSE OVERVIEW**

The Professional Certificate in Vaginal Health and Rejuvenation provides a comprehensive exploration of women's health, delving into various aspects including the effects of ageing, vaginal disorders, prevalent vaginal concerns, and a wide range of rejuvenation techniques. It encompasses an extensive discussion of treatment options, including minimally invasive procedures and surgical interventions to address and treat the diverse needs of patients.

This course has been thoughtfully designed to cater to the holistic needs of patients with vaginal concerns, which are frequently overlooked and can significantly impact an individual's well-being, self-esteem, and quality of life.



## Course Duration & Study Commitment

The course is delivered over 10 weeks – requiring approximately 3 hours of study per week

# Study Mode

This course is delivered online via lectures with embedded audio and interactive activities. A quiz will apply to each module and a final multiple choice exam on completion of all lectures.

#### Course Fee

\$1,650.00 (Inc. GST)

# Pre-requisites / Entry Requirements

There are no pre-requisites to apply for this course, however this course is most suited for those experienced in aesthetics and/or women's health.

## **LEARNING OUTCOMES**

#### **Topics covered within this course include:**

- 1. Holistic Patient Care addressing both the physical aspects of vaginal rejuvenation as well as emotional and psychological well-being of patients.
- 2. Anatomy and physiology of the intricacies of female genitalia
- 3. Ageing of the vagina including changes resulting from menopause
- 4. Vaginal disorders including infectious, autoimmune and damage from childbearing as well as painful vaginal disorders.
- 5. Patient safety and skills necessary to safeguard patients' well-being.
- 6. Comprehensive techniques from minimally invasive procedures to surgical interventions.