

## Professional Certificate in Integrative Health and Dermatology (IHD01)

### COURSE HIGHLIGHTS

- Skin physiology and pathophysiology of dermatological conditions
- Systemic manifestation of dermatological conditions
- Impact of Gut Microbiome on skin health
- Function of the Gut Microbiome
- Importance of understanding hormonal imbalances in the body
- Treatment strategies to improve patient outcomes

### COURSE FEES

\$2112.00 inc. GST

### DELIVERY MODE

Online

### COURSE DURATION

16 weeks





## COURSE STRUCTURE

MODULE	TITLE	DURATION
Module 1	Principles of cosmetic dermatology	8 weeks (3 hrs/wk)
Module 2	Principles of integrated health and dermatology	8 weeks (3 hrs/wk)

### Study Structure

It is recommended that students complete module 1 before progressing to module 2.

### Course Delivery

Online

### Assessment

Exam (multiple choice questions) for each module

### Advanced Standing for AACDS Graduates

Advanced standing (credit) for Module 1 is awarded to graduates from AACDS who've completed the unit Analyse the principles of dermatology in a cosmetic medical context.

## Module Descriptions

### Module 1:

#### Principles of Cosmetic Dermatology

This module forms the foundation for correct skin analysis and selection of dermal therapy procedures within a cosmetic medical context. Lectures focus on issues that affect the histological and visual qualities of the skin covering healthy skin physiology, the presentation and pathophysiology of dermatologic disorders, repair abilities and wound care. On completion of this module, students should be able to identify a range of dermatologic conditions and refer as appropriate to ensure they work within their scope of practice.

### Module 2:

#### Principles of Integrated Health and Dermatology

This module forms the foundation for understanding the impact of the gut microbiome health, nutritional and lifestyle factors which affect skin health. Lectures focus on conception of the microbiome and its important functions, understanding nutritional, hormonal and digestive health and detoxification. On completion of this module, students should be able to identify nutritional and lifestyle factors that affect the skin through poor gut microbiome health and be able to implement strategies to improve patient outcomes.

## FURTHER LEARNING PATHWAYS

Students who successfully complete this module "Principles of Cosmetic Dermatology" will achieve advanced standing with additional assessment into the following nationally accredited qualifications:



52852WA Graduate Diploma of Cosmetic Nursing and Injectables  
52854WA Graduate Diploma of Dermal Science

For more information, call +61 8 9328 6760, visit [aacds.edu.au](http://aacds.edu.au) or email [enquiries@aacds.edu.au](mailto:enquiries@aacds.edu.au)  
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