



# AACDS

Australasian Academy of  
Cosmetic Dermal Science



LEARN  
FROM THE  
**LEADERS**

STUDENT  
PROSPECTUS

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## GRADUATE BENEFITS

AACDS graduates are highly sought by industry. Graduates gain access to our **exclusive recruitment service** upon graduation. This is your portal to cosmetic clinics looking to build dynamic, professional, and qualified clinical teams.



## QUALIFICATIONS THAT **WORK**

The merging of the medical and beauty professions has given rise to unprecedented growth in new cosmetic procedures and equipment. Formal education qualifying professionals specifically in this field is now essential.

**The Australasian Academy of Cosmetic Dermal Science (AACDS)** is the premier college established to meet all your educational needs in relation to dermal therapies and cosmetic nursing. Our courses can lead you into the exciting and dynamic fields of cosmetic medicine and advanced beauty. Achieve and surpass your goals with AACDS - your rewarding career awaits!

# TRAIN FOR A CAREER NOT A PIECE OF PAPER.

With the most recognised qualifications amongst the cosmetic medical profession, AACDS courses are the most comprehensive, relevant and efficient way of achieving your career goals in the fields of cosmetic medicine, advanced beauty and personal care formulation.

When you study at AACDS, your connection to industry is immediate. Thanks to our college's strong ties and connections to Australia's leading cosmetic clinics, AACDS students gain access to amazing opportunities, life-changing work experiences and industry contacts that will remain throughout your career.

When you've graduated, AACDS will help you establish your new career by providing you with access to the AACDS Recruitment Website.

### We offer flexible study modes with realistic course durations.

We recognise the need to provide you with flexible course options and study modes.

The following courses are offered on a full-time, part-time or per unit basis (depending on pre-requisites) with online or on-campus modes available;

*10788NAT Diploma of Personal Care Formulation*

*52850WA Advanced Diploma of Cosmetic Dermal Science*

*52854WA Graduate Diploma of Dermal Science*

*52852WA Graduate Diploma of Cosmetic Nursing and Injectables*

*IPL/Laser Safety Officer's Certificate*

### Our curriculum is developed by the cosmetic medical profession, not a beauty college.

All AACDS courses are developed and delivered by lecturers each chosen for their expertise in a particular field. This includes cosmetic physicians, cosmetic/plastic surgeons, dermatologists, nurses, dermal therapists, psychologists, cosmetic chemists and business specialists.

### Education provided with ethics.

AACDS has no financial interest in any of the equipment or products used in training. Likewise, no core units is presented by company representatives, ensuring that you receive only unbiased, evidence-based information.

### All of our trainers and assessors also work in the industry.

All AACDS trainers/assessors currently work in a cosmetic medical practice performing dermal therapies, cosmetic nursing and/or formulating cosmetics or skincare. This ensures our trainers' knowledge and skills remain relevant and current.

### We reward you for prior learning.

All AACDS courses provide eligible students with Recognition Prior Learning (RPL) or direct credit transfer where indicated.

### Your key to professional recognition.

Our courses are recognised by the following key organisations in cosmetic medicine, beauty and government:

Australasian Academy of Facial Plastic Surgery

Australasian College of Cosmetic Surgery

Australasian College of Aesthetic Medicine

Aesthetic Practitioners Advisory Body

Australian Society of Dermal Clinicians

QLD Radiation Health  
(IPL/Laser course component)

Radiological Council of WA  
(IPL/Laser course component)

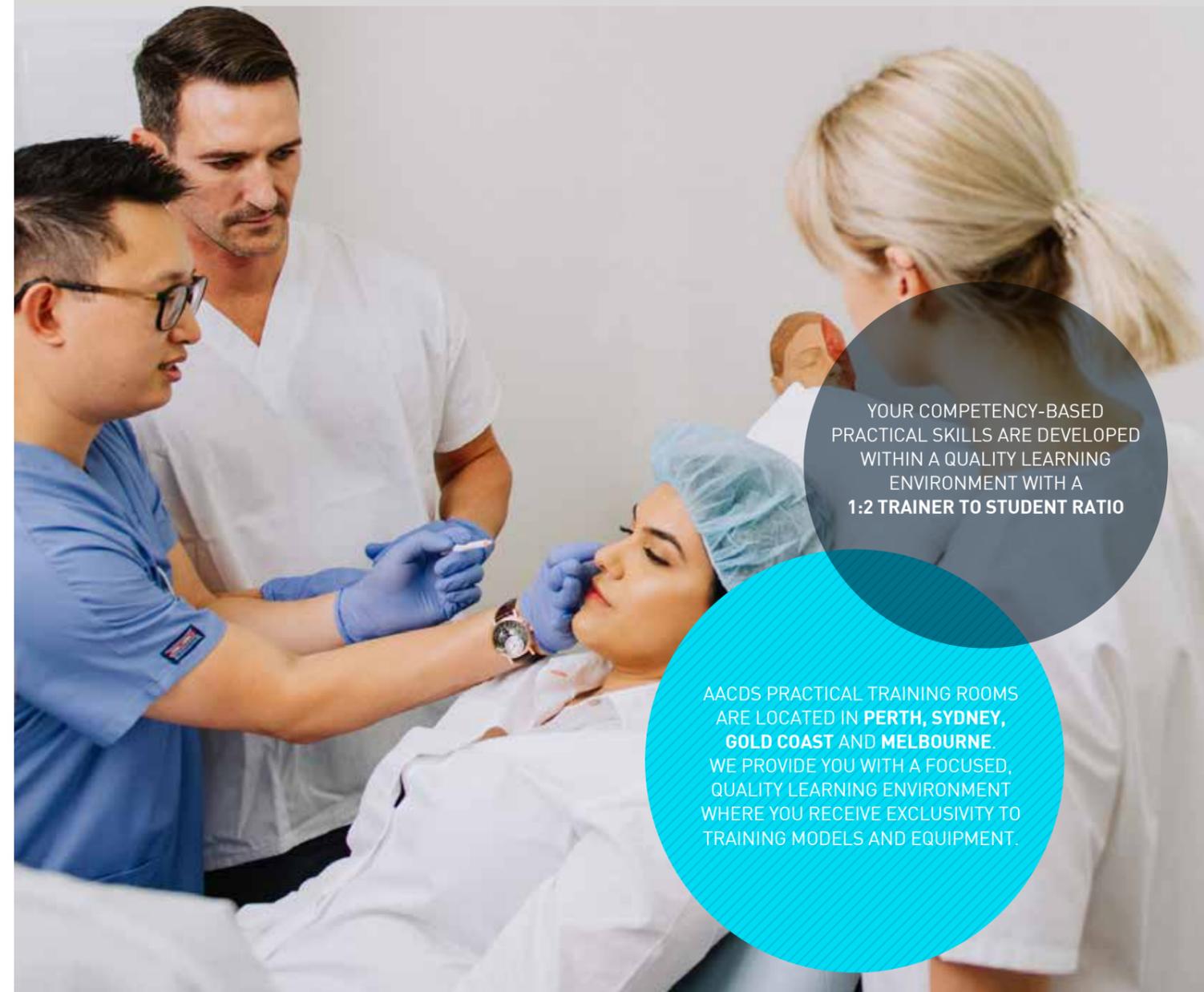
Australian Society of Cosmetic Chemists

# CLINICAL COMPETENCIES (HANDS-ON PRACTICAL TRAINING)



The hands-on, practical component is an integral part of becoming a dermal therapist and/or cosmetic nurse. The training can only be as good as the training facilities, equipment and trainers. AACDS have developed the Aspire Training Clinics to give students the best training outcomes possible.

- ✓ 2:1 student/trainer ratio
- ✓ All trainers currently work in industry to ensure their skills are current and valid
- ✓ Training using a range of quality aesthetic equipment and products
- ✓ Fully functional student clinic open to the public



YOUR COMPETENCY-BASED PRACTICAL SKILLS ARE DEVELOPED WITHIN A QUALITY LEARNING ENVIRONMENT WITH A 1:2 TRAINER TO STUDENT RATIO

AACDS PRACTICAL TRAINING ROOMS ARE LOCATED IN PERTH, SYDNEY, GOLD COAST AND MELBOURNE. WE PROVIDE YOU WITH A FOCUSED, QUALITY LEARNING ENVIRONMENT WHERE YOU RECEIVE EXCLUSIVITY TO TRAINING MODELS AND EQUIPMENT.



**VARY YOUR CAREER**  
**FORMULATING COSMETIC AND PERSONAL CARE PRODUCTS CAN BE AS VARIED AS THE COMPANIES WHO OFFER THEM.**

## COURSE UNITS

### UNIT CODE & TITLE

#### SEMESTER ONE

- PCFECI001**  
*Investigate and evaluate cosmetic ingredients*
- PCFECS002**  
*Evaluate cosmetic ingredient and formula safety*
- PCFECR003**  
*Evaluate compliance requirements of cosmetic ingredients*
- PCFCPI004**  
*Apply chemistry principles to select cosmetic ingredients*
- PCFMCI005**  
*Plan microbiological control of cosmetic ingredients and manufacturing environment*
- PCFSPF006**  
*Select preservatives for personal care formulas*

#### SEMESTER TWO

- PCFRMF007**  
*Select rheology modifiers for personal care formulas*
- PCFSLF008**  
*Select lipids for personal care formulas*
- PCFFE0009**  
*Select fragrances or essential oils for personal care formulas*
- PCFSEF010**  
*Select emulsifiers for personal care formulas*
- PCFSSF011**  
*Select surfactants for personal care formulas*
- PCFPCA012**  
*Develop personal care aerosol formulas*

### UNIT CODE & TITLE

#### SEMESTER THREE

- PCFPST013**  
*Plan and interpret stability testing*
- PCDFB014**  
*Develop a formula from a product development brief*
- PCFSCF015**  
*Prepare skin care formulas*
- PCFHC016**  
*Prepare hair care and styling formulas*
- PCFHAF017**  
*Prepare highly active skin and hair formulas*
- PCFREF018**  
*Reverse engineer a product formula*



Individual schedules may differ according to student load & mode

Unit descriptions accessible online at [aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/](http://aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/)

# 10788NAT DIPLOMA OF PERSONAL CARE FORMULATION



The 10788NAT Diploma of Personal Care Formulation has been developed to provide a comprehensive approach to teaching the formulation of safe, stable and efficacious personal care products for the hair, hands, body and face. It also covers the development of products from the concept stage through to reverse engineering. Learners are taught how to prepare a wide variety of personal care products, adapt formulations to suit organisational requirements and develop products based on the latest industry advances.

### Admission Requirements

- Completion of a level 4 or higher qualification that was delivered in English
- Completion of Year 12
- If unable to provide evidence of completing a level 4 or higher qualification OR Year 12, students must sit a Language, Literacy and Numeracy (LLN) test.\*

### Study Modes Available

- Online with practical workshops available in Sydney, Perth and Melbourne.

### Lab Competencies

This course requires students to attend a two-day laboratory workshop to demonstrate formulating skills. Lab workshops are available annually in either Perth, Sydney or Melbourne.

### Course Duration & Study Commitment

- This course consists of 18 units of competency
- Full-time: approx. 24 hrs/week over 12 months
- Part-time: approx. 12 hrs/week over 24 months

### Professional Recognition

- Successful completion of this course leads to the issuance of an AQF Diploma and entitles the student to the letters Dip Form Chem and the title 'Cosmetic Chemist' or 'Formulation Chemist'.
- Complimentary 12 month membership with the Australian Society of Cosmetic Chemists (ASCC). (Subject to ASCC approval).
- 12 month subscription to the Science of Beauty magazine.

### Career Pathways

- This course will benefit from the following careers:
- Research and Development Scientists
  - Formulating Chemists
  - Production/Compounding Managers and Assistants
  - Regulatory Affairs Personnel (dealing with product safety, claims and ingredient compliance)



\*Additional requirements may be determined upon the pre-enrolment interview.

COURSE STRUCTURE, DURATION OF PRACTICAL AND CHOICE OF ELECTIVES MAY CHANGE.



**YOUR INVESTMENT**

ACHIEVE THE BEST RETURN ON YOUR EDUCATION INVESTMENT BY STUDYING THE 52850WA ADVANCED DIPLOMA OF COSMETIC DERMAL SCIENCE. **BECOME QUALIFIED IN 12 MONTHS AND START YOUR CAREER JOURNEY WITH ASSISTANCE FROM THE AACDS RECRUITMENT DIVISION.**

## COURSE UNITS

UNIT CODE & TITLE	UNIT CODE & TITLE
<b>SEMESTER ONE</b>	<b>SEMESTER TWO - CLINICAL COMPETENCIES CONT'D</b>
<b>CDNCAS01</b> <i>Apply communication and assessment strategies to patient consultation (Theory component)</i>	<b>CDNCAS01</b> <i>Apply communication and assessment strategies to patient consultation (Practical component)</i>
<b>CDNERT02</b> <i>Analyse epidermal resurfacing therapies</i>	<b>HLTINF005</b> <i>Maintain infection prevention for skin penetration treatments (Practical component)</i>
<b>CDNLBT02</b> <i>Analyse light-based therapies used in cosmetic medicine/ laser safety (Includes approved Laser Safety Certificate)</i>	<b>SEMESTER THREE</b>
<b>CDNAAP01</b> <i>Apply principles of anatomy and physiology to dermal therapies</i>	<b>CDNSCP02</b> <i>Evaluate surgical and non-surgical cosmetic procedures</i>
<b>CDNEFC02</b> <i>Evaluate the use and formulation of cosmeceuticals</i>	<b>CDNPPC02</b> <i>Analyse the principles of psychology in a cosmetic medical context</i>
<b>HLTINF005</b> <i>Maintain infection prevention for skin penetration treatments (Theory component)</i>	<b>CDNMCP01</b> <i>Manage and promote the cosmetic practice</i>
<b>SEMESTER TWO - CLINICAL COMPETENCIES</b>	<b>OPTIONAL CLINICAL PLACEMENT*</b> 76 hours of clinical experience at an approved cosmetic medical clinic. This unit is available to students who do NOT have relevant industry experience.
<b>CDNPLT01</b> <i>Provide laser and light-based procedures in a cosmetic medical context</i>	
<b>CDNPCM02</b> <i>Provide clinical microdermabrasion procedures in a cosmetic medical context</i>	
<b>CDNPSN02</b> <i>Provide skin needling procedures in a cosmetic medical context</i>	
<b>CDNPPC02</b> <i>Provide chemical resurfacing procedures in a cosmetic medical context</i>	

Individual schedules may differ according to student load & mode  
Unit descriptions accessible online at [aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/](http://aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/)

\*The Clinical Placement unit is a non-accredited unit.

# 52850WA ADVANCED DIPLOMA OF COSMETIC DERMAL SCIENCE



The 52850WA Advanced Diploma of Cosmetic Dermal Science is an undergraduate course developed for candidates wanting to work as a qualified Dermal Therapist in a cosmetic medical practice or dermal clinic. The curriculum covers the knowledge and skills required to perform a range of dermal therapy procedures within a cosmetic medical context. This course is an ideal alternative to Beauty Therapy as it caters for candidates who wish to provide results-driven procedures and work alongside other allied health and cosmetic medical professionals.

**Admission Requirements**

- Completion of year 12 or mature-age entry
- 1000-word essay on the practice of cosmetic medicine and dermal therapies in Australia\*

**Course Duration & Study Commitment**

- Full-time: approx. 27 hrs/week over 1 year
- Part-time: approx. 15 hrs/week over 2 years
- Per unit: approx. 6 hrs/week over 3 years (maximum)

**Clinical Competencies**

Clinical competencies (practical, hands on skills) in dermal therapies are developed over a full-time block of 2 weeks.

Training is conducted at the Aspire Training Clinics with a ratio of only 2 students per Trainer to ensure a safe and effective training environment.

**Study Modes Available**

- On-campus delivery in Perth
- Online, with practical training available in Sydney, Gold Coast, Perth and Melbourne.

**Professional Recognition**

Graduates of this course are eligible for membership with the Australian Society of Dermal Clinicians.

**Further Learning Pathways & Credit Transfer**

On completion of the 52850WA Advanced Diploma of Cosmetic Dermal Science graduates will have the opportunity to expand their knowledge and develop additional skills in dermatology and Integrated health and

dermatology within the 52854WA Graduate Diploma of Dermal Science.

**WA and QLD Laser Licensing**

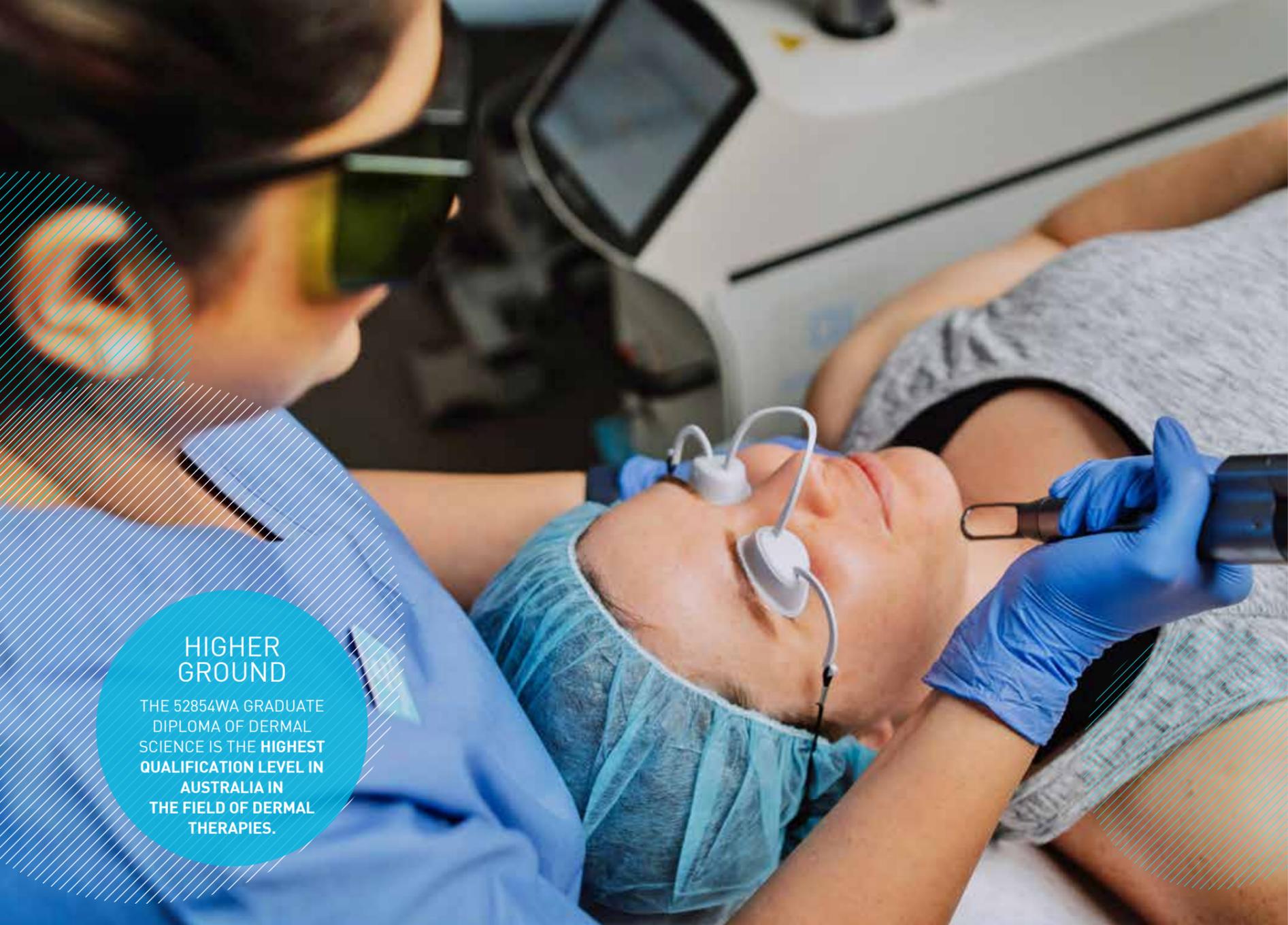
The 52850WA Advanced Diploma of Cosmetic Dermal Science is recognised by the Radiological Council of WA as meeting the laser licence exemption criteria for hair removal, vascular and pigment treatment categories.

The 52850WA Advanced Diploma of Cosmetic Dermal Science is recognised by QLD Radiation Health as meeting the fast-track laser licence criteria for hair removal, vascular and skin rejuvenation treatment categories.



\*Additional requirements may be determined upon the pre-enrolment interview.

COURSE STRUCTURE, DURATION OF PRACTICAL AND CHOICE OF ELECTIVES MAY CHANGE.



## HIGHER GROUND

THE 52854WA GRADUATE DIPLOMA OF DERMAL SCIENCE IS THE HIGHEST QUALIFICATION LEVEL IN AUSTRALIA IN THE FIELD OF DERMAL THERAPIES.

## COURSE UNITS

### UNIT CODE & TITLE

#### SEMESTER ONE - THEORY UNITS

- CDNERT02**  
Analyse epidermal resurfacing therapies
- CDNLBT02**  
Analyse light-based therapies used in cosmetic medicine/ laser safety (Includes approved Laser Safety Certificate)
- CDNCAS01**  
Apply communication and assessment strategies to patient consultation (Theory component)
- CDNPDD02**  
Apply principles of dermatology and dermatoscopy to cosmetic medicine (Theory component)
- CDNEFC02**  
Evaluate the use and formulation of cosmeceuticals
- HLTINF005**  
Maintain infection prevention for skin penetration treatments (Theory component)

#### SEMESTER ONE - CLINICAL COMPETENCIES

- CDNPLT01**  
Provide laser and light-based procedures in a cosmetic medical context
- CDNPCM02**  
Provide clinical microdermabrasion procedures in a cosmetic medical context
- CDNPSN02**  
Provide skin needling procedures in a cosmetic medical context
- CDNPCP02**  
Provide chemical resurfacing procedures in a cosmetic medical context

### UNIT CODE & TITLE

#### SEMESTER ONE - CLINICAL COMPETENCIES CONT'D

- CDNCAS01**  
Apply communication and assessment strategies to patient consultation (Practical component)
- HLTINF005**  
Maintain infection prevention for skin penetration treatments (Practical component)
- CDNPDD02**  
Apply principles of dermatology and dermatoscopy to cosmetic medicine (Practical component)

#### SEMESTER TWO - THEORY UNITS

- CDNSCP02**  
Evaluate surgical and non-surgical cosmetic procedures
- CDNMCP01**  
Manage and promote the cosmetic practice
- CDNIHD01**  
Integrate health and dermatology for aesthetic practice

#### OPTIONAL CLINICAL PLACEMENT\*

76 hours of clinical experience at an approved cosmetic medical clinic. This unit is available to students who do NOT have relevant industry experience.

\*The Clinical Placement unit is a non-accredited unit.

Individual schedules may differ according to student load & mode

Unit descriptions accessible online at [aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/](http://aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/)

## 52854WA GRADUATE DIPLOMA OF DERMAL SCIENCE



The 52854WA Graduate Diploma of Dermal Science is developed for candidates from a beauty or health background wanting to achieve a formal and recognised qualification in dermal science. The objective of the qualification is to provide graduates with the knowledge and hands-on skills to perform a range of safe and effective dermal therapies and meet the employment needs of a modern cosmetic medical clinic. The Dermal Therapist's Scope of Practice includes patient consultation and assessment, dermatoscopy, laser and light-based therapies, epidermal resurfacing procedures, skin/micro needling and holistic patient care involving the integration between gut health and dermatology.

### Admission Requirements

- Diploma minimum in a beauty-related field OR
- Evidence of significant and relevant vocational experience\*

### Course Duration & Study Commitment

- Full-time: approx. 25 hrs/week over 10 months
- Part-time: approx 12.5 hrs/week over 20 months
- Per Unit: approx 6 hrs/week over a max. of 2.5 years

\*Additional requirements may be determined upon the pre-enrolment interview.

### Professional Recognition

Graduates of this course are eligible for membership with the Australian Society of Dermal Clinicians.

### Study Modes Available

- On-campus in Perth
- Online, with practical training available in Sydney, Perth, Gold Coast and Melbourne

### Clinical Competencies

Clinical competencies (practical, hands on skills) in dermal therapies & dermatoscopy are developed over a full-time block of 2 weeks.

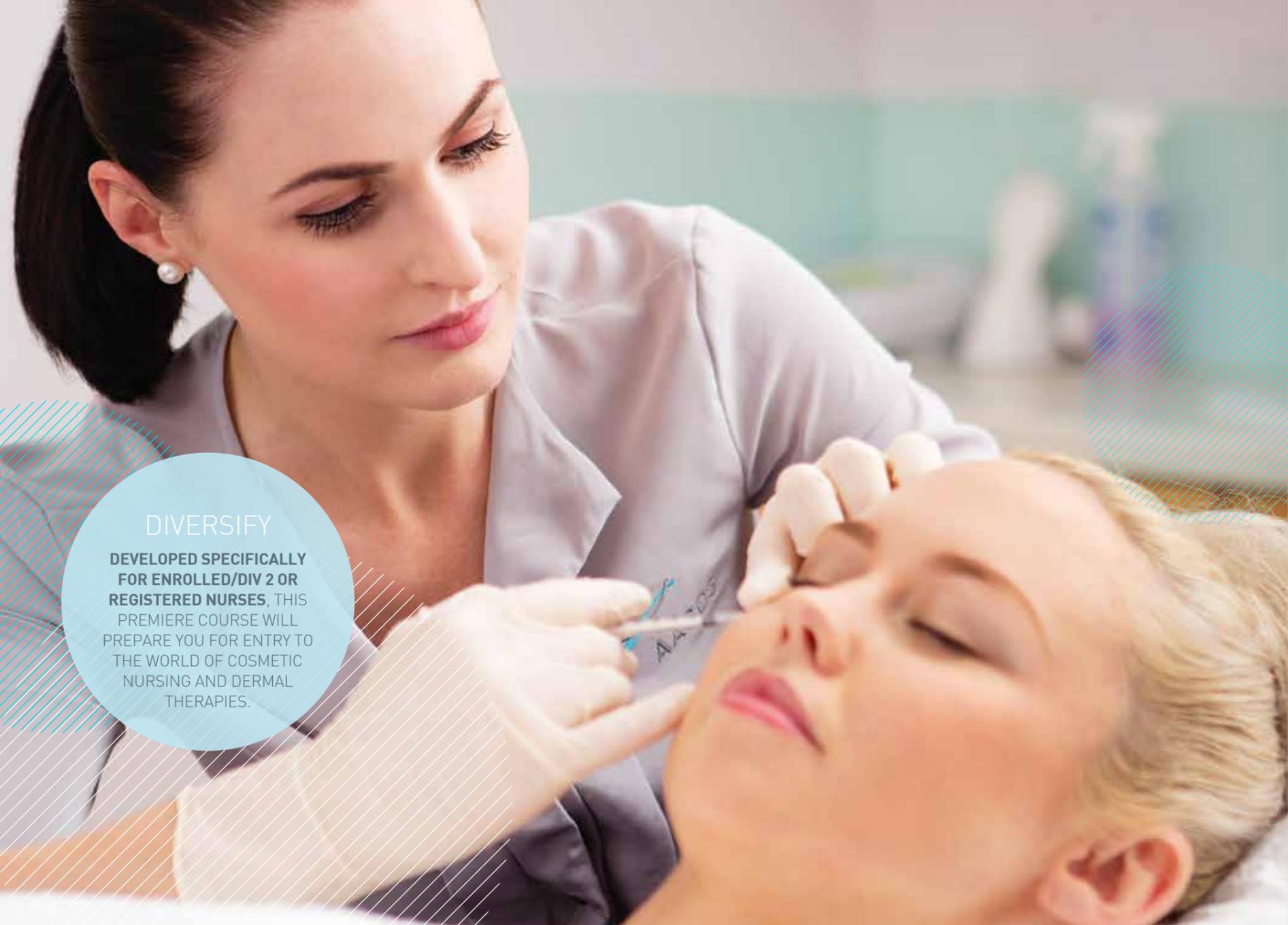
Training is conducted at the Aspire Training Clinics with a ratio of only 2 students per Trainer to ensure a safe and effective training environment.

### WA and QLD Laser Licensing

The 52854WA Graduate Diploma of Dermal Science is recognised by the Radiological Council of WA as meeting the laser licence exemption criteria for hair removal, vascular and pigment treatment categories.

The 52854WA Graduate Diploma of Dermal Science is recognised by QLD Radiation Health as meeting the fast-track laser licence criteria for hair removal, vascular and skin rejuvenation treatment categories.

COURSE STRUCTURE, DURATION OF PRACTICAL AND CHOICE OF ELECTIVES MAY CHANGE.



**DIVERSIFY**  
 DEVELOPED SPECIFICALLY FOR ENROLLED/DIV 2 OR REGISTERED NURSES, THIS PREMIERE COURSE WILL PREPARE YOU FOR ENTRY TO THE WORLD OF COSMETIC NURSING AND DERMAL THERAPIES.

**COURSE UNITS**

**UNIT CODE & TITLE**

**SEMESTER ONE - THEORY UNITS**

- CDNERT02**  
Analyse epidermal resurfacing therapies
- CDNLBT02**  
Analyse light-based therapies used in cosmetic medicine/ laser safety (Includes approved Laser Safety Certificate)
- CDNCAS01**  
Apply communication and assessment strategies to patient consultation (Theory component)
- CDNPDD02**  
Apply principles of dermatology and dermatoscopy to cosmetic medicine (Theory component)
- CDNEFC02**  
Evaluate the use and formulation of cosmeceuticals
- HLTINF005**  
Maintain infection prevention for skin penetration treatments (Theory component)

**SEMESTER ONE - CLINICAL COMPETENCIES**

- CDNPLT01**  
Provide laser and light-based procedures in a cosmetic medical context
- CDNPCM02**  
Provide clinical microdermabrasion procedures in a cosmetic medical context
- CDNPSN02**  
Provide skin needling procedures in a cosmetic medical context
- CDNPDP02**  
Provide chemical resurfacing procedures in a cosmetic medical context

**UNIT CODE & TITLE**

**SEMESTER ONE - CLINICAL COMPETENCIES CONT'D**

- CDNCAS01**  
Apply communication and assessment strategies to patient consultation (Practical component)
- HLTINF005**  
Maintain infection prevention for skin penetration treatments (Practical component)
- CDNPDD02**  
Apply principles of dermatology and dermatoscopy to cosmetic medicine (Practical component)

**SEMESTER TWO - THEORY UNITS**

- CDNSCP02**  
Evaluate surgical and non-surgical cosmetic procedures
- CDNEIP02**  
Evaluate and perform cosmetic injectable procedures (Theory Component)
- CDNIHD01**  
Integrate health and dermatology for aesthetic practice

**SEMESTER TWO - CLINICAL COMPETENCIES**

- CDNEIP02**  
Evaluate and perform cosmetic injectable procedures (Practical component)

**OPTIONAL CLINICAL PLACEMENT\***

76 hours of clinical experience at an approved cosmetic medical clinic. This unit is available to students who do NOT have relevant industry experience.

\*The Clinical Placement unit is a non-accredited unit.

Individual schedules may differ according to student load & mode

Unit descriptions accessible online at [aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/](http://aacds.edu.au/dermal-therapy-cosmetic-nurse-courses/units/)

**52852WA GRADUATE DIPLOMA OF COSMETIC NURSING AND INJECTABLES**



The 52852WA Graduate Diploma of Cosmetic Nursing and Injectables is a postgraduate course developed specifically for qualified Nurses wishing to enter the field of cosmetic medicine. This nationally accredited qualification will provide Nurses with the knowledge and hands-on practical skills required to work in a cosmetic medical practice performing a range of dermal therapies, injectable procedures and cosmetic nursing duties. The unit 'CDNEIP02 Evaluate and perform cosmetic injectable procedures' is the first nationally accredited unit covering the theoretical and practical skills associated with dermal fillers and wrinkle relaxants.

**Admission Requirements**

- Current registration through AHPRA as a registered or enrolled/division 2 nurse. Please note: If you graduated prior to 2008, you MUST hold a current medications endorsement.\*
- Please note that Ahpra places additional requirements on Enrolled Nurses practicing cosmetic injectables. [Please contact Ahpra or AACDS to learn more.](#)

**Study Modes Available**

- On-campus in Perth only
- Online, with practical training available in Sydney, Perth, Gold Coast and Melbourne.

\*Additional requirements may be determined upon the pre-enrolment interview.

**Course Duration & Study Commitment**

- Full-time: approx. 25 hrs/week over 10 months
- Part-time: approx 12.5 hrs/week over 20 months
- Per Unit: approx 6 hrs/week over a maximum of 2.5 years

**Professional Recognition**

Graduates of the 52852WA Graduate Diploma of Cosmetic Nursing and Injectables are eligible to join the Cosmetic Nurse Membership Category of the Australasian College of Aesthetic Medicine.



COURSE STRUCTURE, DURATION OF PRACTICAL AND CHOICE OF ELECTIVES MAY CHANGE.

**Clinical Competencies**

Clinical competencies (practical, hands on skills) are developed over a full-time block of 2 weeks for dermal therapies & dermatoscopy and a full-time block of 4 days for cosmetic injectables.

Training is conducted at the Aspire Training Clinics with a ratio of only 2 students per Trainer to ensure a safe and effective training environment.

**WA and QLD Laser Licensing**

The 52852WA Graduate Diploma of Cosmetic Nursing and Injectables is recognised by the Radiological Council of WA as meeting the laser licence exemption criteria for hair removal, vascular and pigment treatment categories.

The 52852WA Graduate Diploma of Cosmetic Nursing and Injectables is recognised by QLD Radiation Health as meeting the fast-track laser licence criteria for hair removal, vascular and skin rejuvenation treatment categories.

## IPL/LASER SAFETY OFFICER'S CERTIFICATE

This is a theory-based course, which focuses on the clinical aspects of IPL and Laser treatment and the required safety standards as outlined by the Radiation Safety Act. The unit is government accredited and recognised by the two main Laser authorities; QLD Radiation Health and the Radiological Council of WA as an official Radiation/Laser Safety Officer's Certificate.

### LASER SAFETY OFFICERS CERTIFICATE

#### Course Description

This course is a nationally accredited unit of competency (CDNLBT02 Analyse light-based therapies in cosmetic medicine) and provides a further learning pathway and credit transfer into a nationally accredited qualification delivered through AACDS.

#### Course Duration

4-6 hours over a maximum of 10 weeks or less

#### Further Learning Pathways

- 52850WA Advanced Diploma of Cosmetic Dermal Science
- 52852WA Graduate Diploma of Cosmetic Nursing and Injectables
- 52854WA Graduate Diploma of Dermal Science

### LASER SAFETY COURSE FAST TRACK

#### Course Description

This course provides a fast track option for candidates who are not interested in a further learning pathway in a nationally accredited qualification.

#### Course Duration

2-3 hours over a maximum of 6 weeks or less

#### Study Commitment

This is a self-paced learning course which is delivered via online lectures, providing you with a flexible learning approach. The curriculum consists of three online lectures. Assessment is based on a multiple choice question exam.



### COURSE AT A GLANCE

#### Admission Requirements

None

#### Study Mode

Online

#### Course Start

Anytime

#### Course Benefits

- Necessary as a prerequisite for laser licensing in QLD, TAS and WA
- Decrease insurance issues and potential litigation
- Gain credibility and confidence from your patients/clients

## INFECTION CONTROL FOR THE COSMETIC CLINIC

### (HLTINF005 MAINTAIN INFECTION PREVENTION FOR SKIN PENETRATION TREATMENTS)

This nationally recognised unit of competency provides aesthetic professionals with the essential knowledge and skills to maintain infection prevention in all areas associated with dermal and cosmetic injectable procedures. Learning focuses on current state or territory hygiene regulations and the key principles of infection prevention in a cosmetic medical context.

#### Course Duration & Study Commitment

The unit/course is delivered over 4 weeks requiring 2 to 3 hrs of study per week, though can be fast-tracked if time allows.

#### Study Modes Available

The theory component is delivered online and practical/clinical component is delivered at an AACDS Student Clinic (Melbourne, Sydney, Perth or Gold Coast) or at the student's workplace, providing assessment conditions can be met.

#### Further Learning Pathways

Students who successfully complete this course may achieve advanced standing/credit (with additional assessment) into the following nationally accredited courses:

- 52854WA Graduate Diploma of Dermal Science
- 52852WA Graduate Diploma of Cosmetic Nursing and Injectables
- 52850WA Advanced Diploma of Cosmetic Dermal Science



### COURSE AT A GLANCE

#### Recognition

Nationally recognised unit of competency

#### Admission Requirements

None

#### Study Mode

Flexible, blended online study mode

#### Course Start

Monthly Intakes

#### Learning Pathways

Learning pathways with credit into nationally accredited dermal science and cosmetic nursing qualifications

## PROFESSIONAL CERTIFICATE IN INTEGRATED HEALTH AND DERMATOLOGY

The Professional Certificate in Integrated Health and Dermatology will enable students to learn about the gut microbiome and how it influences a multitude of skin conditions such as acne, rosacea, accelerated ageing, as well as mood, weight gain, weight loss and overall health.

#### Course Structure

**Module 1:** Principles of Cosmetic Dermatology

**Module 2:** Principles of Integrated Health and Dermatology

#### Course Duration & Study Commitment

The unit/course is delivered over 16 weeks requiring 3 hrs of study per week.

#### Study Modes Available

Online via lectures with imbedded audio and interactive activities. An exam will apply to each module.

#### Further Learning Pathways

Students who successfully complete this course may achieve advanced standing/credit (with additional assessment) into the following nationally accredited courses:

- 52854WA Graduate Diploma of Dermal Science
- 52852WA Graduate Diploma of Cosmetic Nursing and Injectables



### COURSE AT A GLANCE

#### Admission Requirements

No pre-requisites. However this course is most suited for those working in a dermal and/or health setting.

#### Study Mode

Online

#### Course Start

Monthly Intakes

#### Course Duration & Commitment

16 weeks - requiring approximately 3 hours of study per week

## PROFESSIONAL CERTIFICATE IN DERMATOLOGY AND DERMATOSCOPY FOR AESTHETIC PRACTICE

This certificate forms the foundation for correct skin analysis and selection of dermal therapy procedures within a cosmetic medical context. Lectures focus on skin physiology, the presentation and pathophysiology of dermatologic disorders, repair abilities and wound management. On completion of this certificate, students should be able to identify a range of dermatologic and cosmetic skin conditions in order to work within their scope of practice or refer to other medical professionals. The dermatoscopy section of the course requires the student to identify and examine a series of skin lesion slides to provide a holistic approach to dermal practice.

#### Course Duration & Study Commitment

The certificate is delivered over 10 weeks requiring minimum 3 to 4 hrs of study per week, though can be fast-tracked if time allows.

#### Study Modes Available

This course is delivered online in a flexible, self-paced mode.

#### Further Learning Pathways

Students who successfully complete this course may achieve advanced standing/credit (with additional assessment) into the following nationally accredited courses:

- 52854WA Graduate Diploma of Dermal Science
- 52852WA Graduate Diploma of Cosmetic Nursing and Injectables



### COURSE AT A GLANCE

#### Admission Requirements

No pre-requisites. However this course is most suited for those working in a dermal and/or health setting.

#### Study Mode

Online

#### Course Start

Monthly Intakes

#### Learning Pathways

Learning pathways with credit into nationally accredited dermal science and cosmetic nursing qualifications

## PROFESSIONAL CERTIFICATE IN THE MANAGEMENT AND PROMOTION OF THE COSMETIC PRACTICE

This unit/course describes the performance outcomes, knowledge and skills required to manage and promote the cosmetic practice using assessment methodologies within a cosmetic medical context. The unit of competency is applied by anyone working within a cosmetic framework.

### Course Duration & Study Commitment

The unit/course is delivered online over 4 weeks requiring 2 to 3 hrs of study per week, though can be fast-tracked if time allows.

### Study Modes Available

The unit/course is delivered over 16 weeks requiring 2 to 3 hrs of study per week, though can be fast-tracked if time allows.

### Further Learning Pathways

Students who successfully complete this course may achieve advanced standing/credit (with additional assessment) into the following nationally accredited courses:

- 52854WA Graduate Diploma of Dermal Science
- 52850WA Advanced Diploma of Cosmetic Dermal Science

### Learning Outcomes

Business Structures and Franchising, Establishing a Cosmetic Medical Practice, Operational Strategies, Marketing Strategies, Financial Management, Recruitment and Performance Management and Leadership & Management



### COURSE AT A GLANCE

#### Admission Requirements

None

#### Study Mode

Online in a flexible, self paced mode

#### Course Start

Monthly Intakes

#### Learning Pathways

Learning pathways with credit into nationally accredited dermal qualifications

## SKILLS RECOGNITION

If you're a Therapist or a Nurse currently working in the field of aesthetics and providing a range of dermal therapies and/or injectable services, but don't hold a formal qualification, skills recognition may be an option for you.

- Written and photographic documentation
- Performance of skills relative to specific dermal therapies and/or injectable procedures
- Application of theoretical knowledge to practical skills
- Infection control and OH&S requirements.

\*If the student cannot demonstrate all required competencies, additional training and assessment will be required. This will incur an additional fee and will extend the duration of the practical/clinical.

\*\*A Trainer and Assessor may conduct Skills Assessments in the cities of Sydney, Melbourne, Perth, Gold Coast and Brisbane. An in-clinic Skills Assessment requires pre-approval by AACDS to ensure the facilities and equipment are satisfactory for the required assessments. Regional students must attend the Aspire Training Clinics in Sydney, Melbourne, Perth, or Gold Coast.

### What is Skills Recognition?

Skills Recognition is a blend of online theory units and recognition of the skills you've developed within your workplace/clinic. The pre-requisite theory units are delivered online followed by a Skills Assessment at an Aspire Training Clinic (Perth, Sydney, Melbourne and Gold Coast).

### Advantages of Skills Recognition

More cost effective; the practical/clinical is 50% of the usual unit cluster fee\*

More time efficient; the practical/clinical can be completed within three days as opposed to two weeks\*

A Trainer and Assessor may be able to conduct your Skills Assessment at your clinic allowing you to be assessed using your own aesthetic equipment\*\*

### Skills Assessment

A skills assessment may include though not limited to:

- Patient communication and assessment strategies
- Skin analysis including the use of a dermatoscope

## PROFESSIONAL CERTIFICATE IN CLINICAL LASER PROCEDURES (LASER TATTOO REMOVAL)

This Professional Certificate is developed for aesthetic nursing professionals to obtain a licence from the Radiological Council of WA to perform tattoo removal using class 4, Q-Switched laser modalities. The course provides a holistic approach to laser practice within a cosmetic medical setting.

### Course Duration & Study Commitment

The theory component of this course will take approximately 60 hours with a maximum of 12 weeks to complete.

The optional practical training is delivered over one day at the Aspire Training Clinic and a half day of virtual patient reviews.

### Study Modes Available

Flexible, online theory plus optional hands-on training

### Further Learning Pathways

Students who successfully complete this course may achieve advanced standing/credit (with additional assessment) into the 52852WA Graduate Diploma of Cosmetic Nursing and Injectables course.



### COURSE AT A GLANCE

#### Admission Requirements

Must be registered with AHPRA as a Division 1 Registered Nurse AND have a minimum of five (5) years nursing experience

#### Study Mode

Flexible, online theory plus optional hands-on training

#### Course Start

Monthly Intakes

#### Learning Pathways

Learning pathways with credit into a nationally accredited cosmetic nursing qualification



HOLLY COPPING  
Owner,  
Territory Laser Clinic  
.....  
**AACDS Graduate**



As a child, I suffered from terrible acne and it was this which motivated me to pursue a career helping people with similar conditions.

I graduated from AACDS in 2010 and immediately found a job at a Canberra cosmetic clinic where I worked as both a manager and dermal therapist. Two years later, I returned to my home town, Darwin, to open my own clinic. Now, I'm the only fully-qualified dermal therapist offering advanced treatments in the Northern Territory.

When I started my business, I applied to the government's *New Enterprise Incentive Scheme*. I was nominated for two regional awards and also won their top award; the *National NEIS Association Award for Best New Business 2013*.

As a dermal therapist, I enjoy using my knowledge and expertise to change people's lives and I'm committed to helping Territorians for the rest of my life.

RECOGNISING YOUR CURRENT SKILLS CAN SAVE YOU TIME AND MONEY.



### Graduate Support through Aesthetics CPD

At AACDS, we believe in supporting our graduates in their first year of practice, hence we provide complimentary access to Aesthetics CPD for 12 months upon graduation of an Advanced Diploma or Graduate Diploma qualification through AACDS. Access will include a bundle of 5 lectures and discount rates to CPD Events held in Perth, Sydney, Melbourne and Gold Coast.



“Finally a CPD program enabling my clinical staff to easily maintain CPD points relevant to aesthetics in a cost effective and timely manner. This is a big win for all cosmetic clinics.”  
DR. CHARL DU PLESSIS.

## AESTHETICS CPD (CONTINUING PROFESSIONAL DEVELOPMENT)



To further serve industry and graduates and all cosmetic medical professionals, AACDS has developed a CPD program with content endorsed by the Royal Australian College of General Practitioners for allocated CPD points. The CPD topics for all programs are reviewed by the AACDS Curriculum Advisory Board and industry experts, to ensure topics remain industry relevant, current and enhance employability skills.

**Study Modes**  
Lectures available online and can be viewed from any smartphone device. Practical workshops – Perth, Melbourne, Sydney.

**CPD Requirements for Doctors**  
According to the Medical Board of Australia, the minimum requirement for continuing professional development (CPD) for medical practitioners is 50 hours of CPD per year. The Royal College of General Practitioners (RACGP) members must earn 130 points per triennium. These requirements may vary according to specialties.

**CPD Requirements for Nurses**  
According to the Nursing and Midwifery Board of Australia (NMBA), CPD is the means by which members of the professions maintain, improve and broaden their knowledge, expertise and competence, and develop the personal and professional qualities required throughout their professional lives. The NMBA’s Registration standard: Continuing professional development requires nurses and midwives to complete a minimum number of continuing professional development (CPD) hours directly relevant to a nurse or midwife’s context of practice.

- Enrolled nurse: 20 hours
- Registered nurse: 20 hours

**CPD for Dermal Therapists**  
Whilst there is no obligation to participate in CPD activities for Dermal Therapists presently, there are many integral reasons to undertake these activities. Some of the benefits are:

- Enhancing and updating your CV, increasing employment opportunities and options
- Increasing your credentials by promoting your CPD achievements
- Increasing profits by learning the latest technologies and techniques
- Gaining a competitive advantage by being the first to learn about new advancements in industry.

**Professional Recognition**  
• Royal Australian College of General Practitioners (RACGP)

**Certificates**  
Can be downloaded and saved on to student portal upon successful completion of the lectures. For more information, please visit [aestheticscpd.edu.au](http://aestheticscpd.edu.au)

“When our practice expanded to encompass cosmetic medical procedures, I needed a well-trained and suitably qualified dermal therapist to perform a range of tasks, including independent consultations, dermal therapy procedures, sales and advice for skin care, and administrative duties. We were fortunate to find Sarah, an AACDS graduate, who had the knowledge, skills and aptitude to devise, implement and manage this new component within our practice.”

**DR STUART NEWLAND, FRACS**  
MELBOURNE, VICTORIA

## GRADUATES IN DEMAND

The AACDS Recruitment site is a free service to assist graduates in finding employment.

AACDS has been delivering nationally accredited qualifications in the field of cosmetic nursing and dermal therapies since 2004. These courses are well-recognised and trusted amongst the cosmetic medical profession, hence the demand for AACDS graduates.

Our recruitment site is open to all cosmetic medical and dermal therapy clinics in Australia to place employment advertisements for clinical and managerial staff.

The AACDS Recruitment site is only accessible to graduates of the following qualifications:

- 52850WA Advanced Diploma of Cosmetic Dermal Science
- 52854WA Graduate Diploma of Dermal Science
- 52852WA Graduate Diploma of Cosmetic Nursing and Injectables

## STUDYING ONLINE

Balance your work, family and study commitments by studying online with AACDS. We provide flexible course delivery options so you can study at your own pace. This allows you to maintain your current employment position with minimal to no disruption.

### Course duration and commitment

All AACDS courses are offered online, and course duration depends on which course you choose and how many units you have nominated to complete within a semester (16-week period). For example, full-time students can complete up to 4.5 units per semester. Whereas part-time students complete 2.5 units per semester. Some only wish to study 1.5 units per semester.

Most units of study requires the following commitment:

- 16 weeks of study
- Approximately 3 hours online per week
- Approximately 3 hours of self-guided study per week
- 2 to 3 assessments methods

### Completing the practical component

Practical competencies associated with all AACDS qualifications are delivered in cosmetic clinics in Perth, Sydney, Gold Coast or Melbourne. Practical workshops are delivered as a full-time block and are available regularly throughout the year.

### Assessment

Each unit offered through AACDS is assessed using 2 to 3 different assessment methods. Most assessments are open-book (or similar to an assignment), though most units will have one or more multiple choice or written exams, which are a closed book, time-restricted, online assessment.

### Student support

Online students are provided additional support via our fortnightly TEAMS sessions. These support sessions are conducted by the unit’s coordinator or lecturer and provide valuable academic support as well as an opportunity to meet other students in the same study cohort. The support sessions do not require mandatory attendance though are recommended to enhance the overall learning experience.



## STUDYING ON CAMPUS

Studying on campus is ideal for students who feel they’ll learn better in a small-class environment surrounded by like-minded students. Studying alongside industry professionals adds further richness to the curriculum, especially important if the student has no or little industry connections. On-campus intakes occur each February and July.



### Perth Campus

The Perth AACDS campus is located in the CBD, and is just a 5 minute walk from the Perth central train station. Students can complete their theory units in a classroom environment and their practical competencies at the adjoining Aspire Training Clinic. For more information on studying at our Perth campus, email [enquiries@aacds.edu.au](mailto:enquiries@aacds.edu.au) or call 08 9328 6760



### Student Clinics (Perth, Sydney, Melbourne & Gold Coast)

The Aspire Training Clinics are designed for students to learn and practice a range of cosmetic treatments that will compliment their nationally accredited qualifications. There is a 2 to 1 Student:Assessor ratio, so all students are supervised at all times by a qualified and experienced Dermal Therapist, Cosmetic Nurse and/or Doctor. Our Student Clinics are located in Perth, Melbourne, Sydney and Gold Coast.

For more information, please visit: [aspiretrainingclinics.com.au](http://aspiretrainingclinics.com.au)



## AUSTRALIAN STUDENT ENROLMENT

AACDS has an enrolment intake every month for online studies (every six months for on-campus studies). To complete the enrolment process, follow these simple steps.

### Step 1

Complete the application form available on the AACDS website at [aacds.edu.au](http://aacds.edu.au)

### Step 2

A pre-enrolment interview is conducted via telephone and an enrolment package is promptly emailed.

### Step 3

Complete and return the enrolment documents.

### Step 4

Arrange payment / set up payment plan

### Step 5

Your online access and passwords to access online lectures are issued.

## INTERNATIONAL STUDENT ENROLMENT

International Students have the opportunity to enrol in courses offered by AACDS with either online or on-campus study modes available.

### On Campus Studies

To study the *52850WA Advanced Diploma of Cosmetic Dermal Science* on campus in Perth, Western Australia, you will need to obtain an Australian Student Visa.

The duration of the *52580WA Advanced Diploma of Cosmetic Dermal Science* is 12 months full-time.

CRICOS provider code: 02813B  
CRICOS course code: 0101607

### Online Studies

For students wishing to study any of the courses offered by AACDS in their own country (Visitor Visa required, no Australian Student Visa required), online study mode is available with the two-week practical component delivered on-campus in Perth, Sydney, Melbourne or Gold Coast. It is recommended all applicants seek advice from the Australian Government's Department of Immigration and Border Protection prior to course enrolment.

### More Information

More information for international students is available at [aacds.edu.au](http://aacds.edu.au).

## WE'RE HERE TO HELP

If you have any questions or require assistance during the enrolment process, please contact our Enquiries and Enrolments team at [enquiries@aacds.edu.au](mailto:enquiries@aacds.edu.au) or by phone on **+61 8 9328 6760**



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**ASPIRE TRAINING CLINICS GOLD COAST**  
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Cosmetic Dermal Science

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